

Safeguarding Policy and Procedure – Easy Read



This document is Kisharon's Safeguarding Policy (rules) to keep everyone in Kisharon safe from abuse and harm.



What is abuse?

Abuse can be physical – when you hurt someone.



Sometimes this can leave marks, such as bruises.



Abuse can be verbal or threatening.



Abuse can also be sexual – if somebody touches you and you do not want them to.



If someone tries to take your money, when they are not supposed to, this can be financial abuse.



If somebody refuses to listen to you, or ignores you, this can be neglect, which is another type of abuse.



Who might be at risk of abuse?

- older people
- people with a visual or hearing impairment
- people with a physical disability
- people with a learning disability
- people with a mental health problem
- people with a long term illness or condition.

Who might abuse you?

Most people will **not** abuse you. They are kind and will take care of you.

People who could abuse you may be

- someone in your family
- neighbours
- strangers
- friends
- volunteers
- carers
- staff
- professionals



The types of risk are:



Physical Abuse could be someone hitting, slapping, pushing or kicking you.



Sexual Abuse could be someone touching your body or private parts without your permission. Or, someone making you touch them in a way you do not want.



Financial or material abuse could be someone taking your money or other things that belong to you.



Psychological abuse could be someone being unkind to you, threatening you, swearing at you, calling you names or someone ignoring you.



Domestic Abuse could be physical abuse, sexual abuse, financial abuse, or physical abuse. Domestic Abuse is when the abuse is by your partner or member of your family.



Modern slavery is when you could be forced to work for people who abuse you or are cruel to you.



Discriminatory Abuse could be someone bullying you or hurting you because of

- your religion
- a disability
- your age
- your sexual partner
- the colour of your skin or hair
- where you come from
- the language you speak



Organisation Abuse could be that your care staff or other organisations like the hospital or police treat you badly, neglect you or provide a bad service.



Neglect could be that you are not being given enough food, attention, not being given your medication or not being kept warm.



Self-neglect is when someone does not take care of themselves properly.



Online abuse takes place on the internet, which can lead to harm in real life.



Mate crime is hateful words or actions which can be done to you by people you thought were your friends.



Where can abuse happen? Abuse can happen

- at home
- in a hospital
- at a day centre
- at work
- in the community
- at a social club



There are many laws and documents in the UK to protect you.



The Disability Discrimination Act



The Human Rights Act



And the Equality Act are a few of those laws.



These laws say that everyone has a right to live a life free from harm or abuse.



The main themes of the Care Act 2014 are followed by Kisharon:



Empowerment – people must be supported to make their own choices;



Kisharon works to prevent (stop) abuse before it can happen;



Kisharon works to make your support the best it can be, so you have as much freedom as possible;



Protection – Kisharon ensures you are protected from all the types of harm or abuse;



Partnership – we all work together to keep everyone safe.



Kisharon follows the Mental Capacity Act which says that everyone must have:



Choice and control in their lives;



Everyone must feel safe;



Lead a healthy life;



Have a good quality of life;



And be treated with dignity and respect.



We are very careful who we choose to work at Kisharon.



We give our staff lots of training and support.



Kisharon staff, local authorities and CQC visit our services regularly and speak to everyone to check that everything is ok.



If you are worried about anything please tell anyone you trust at Kisharon, such as your Key Worker, your Manager, or Mrs Necola Reid-Warner.



Kisharon listens to all the people we support, works to resolve any concerns and learn from our mistakes.



As well as talking to Kisharon, you can also call your local council



Weekdays between

and



Barnet - 020 8359 5000

Hackney - 020 8356 5782



Or email any time

Barnet – socialcaredirect@barnet.gov.uk

Hackney - adultprotection@hackney.gov.uk



The Social Care team will listen to you in confidence and help you.