

Eilat Triathlon

Wednesday 10th - Sunday 14th November 2010

Providing education, support and opportunities for Jewish children and adults with learning difficulties

Eilat Triathlon Challenge

Each year Kisharon takes great pride in sending a team to take part in the Eilat Triathlon. This year the event takes place on the morning of Friday 12th November 2010.

You can choose from 1 of 4 different distance options:

1. Olympic distance: 1.5km swim; 40km cycle; and 10km run.
2. Sprint distance: 750m swim; 20km cycle; and 5km run.
3. Relay Olympic distance: Olympic distance as above, with 2 or 3 participants per team.
4. Relay Sprint distance: Sprint distance as above, with 2 or 3 participants per team.



The Eilat Triathlon is an exciting event for both seasoned triathletes and novices. If you have never taken part in a triathlon before, Eilat is the ideal place to get you started and Kisharon will guide you every step of the way.

Kisharon is an inspirational organisation providing leading edge education and care for Jewish children and adults with learning difficulties within an Orthodox Jewish setting.

Kisharon runs a nursery, a special school, adult services, a business enterprise centre, supported living, residential care and an advice and support service.

These services ensure that hundreds of individuals and their families are excellently supported each and every day.



Kisharon Head Office

1011 Finchley Road London NW11 7HB

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Registered with the Charity Commission 271519 Kisharon is a Company Limited by Guarantee Incorporated in England & Wales No. 01259900 Registered office: 1011 Finchley Road, London NW11 7HB

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The team will be leaving on Wednesday 10th November 2010 and returning on Sunday 14th November 2010. We encourage all participants to travel with the group. If you wish to extend your stay on either side of these dates, you may do so at your own expense and by making your own personal arrangements.

The group travel arrangements will ensure that each participant is able to bring his/her own bike at no extra charge. Please note airline regulations only allow for one bike to be checked in per passenger.

Kisharon will advise and assist you in packing your bike and readying it for transport, however your bike is your responsibility at all times.

To register for the event, you will be required to pay a non refundable registration fee of £500. You can qualify for an early bird registration fee of £350 if you sign up before 30th June 2010.

In addition to the registration fee, the following minimum sponsorship is required to take part in the event:

- Students (valid student card required) £1,750
- Student relay team of two £3,500
- Student relay team of three £5,250
- Adults £2,500
- Adult and Student relay team of two £5,000
- Adult and Student relay team of three £7,500

For people arranging their own transport or those based in Israel, £550 will be deducted from the above amounts.

Relay teams must consist of at least two people. Relay teams made up of students and adults will be classified as an adult team for the purposes of sponsorship targets.

Please note that Kisharon must receive 80% of the minimum sponsorship money by Friday 29th

October 2010. Whilst the individual sponsorship targets are there as a guide, we hope that you will not regard it as a ceiling, but do your best to exceed it. We appreciate you taking part in the Triathlon on behalf of Kisharon, but we ask you to accept the responsibility to raise the minimum sponsorship or to make up the difference yourself if you are unable to do so.

To collect money online you can set up a justgiving fundraising page. This only takes a few minutes of your time – log on to www.justgiving.com

You can collect cash, charity vouchers, cheques or all major credit/debit card details. Cheques should be made payable to 'Kisharon' and sent to Shternie Potash, at the Kisharon Head Office address. Should you send cheques to cover cash collected, please remember to include a list of everyone who gave you the cash, with their full contact details, so that we can claim Gift Aid, and acknowledge payment if receipt is requested.

Gift Aid is important, as it ensures that we not only benefit from the donations, but can also reclaim the tax, 28p for every £1 donated, from HM Revenue & Customs. Please ask your donors to complete the separate form attached.

If your spouse or family would like to join you, we will make all the necessary hotel/travel arrangements for them. They will obviously benefit from our group rates, but as this is a fundraising event, we will have to pass the costs on to you.

We look forward to having you on board for this rewarding and exciting event!





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Application Form

Competitor (Each competitor to complete all sections):

First Name: _____ Surname: _____

Address: _____

Postcode: _____ Email: _____

Telephone number: _____ Mobile number: _____

DOB: _____ Passport no: _____

Israeli mobile number: _____

Next of Kin Name: _____ Relationship to Participant: _____

Address: _____

Postcode: _____ Email: _____

Telephone number: _____ Mobile number: _____

Please enter me for the following event (please tick one only):

Olympic distance Sprint distance

Relay olympic distance - please let us know details of your team members:

Relay sprint distance - please let us know details of your team members:

Declaration: Please enter me into this year's Eilat Triathlon on Friday 12th November 2010. I commit to raising a minimum of (tick as applicable): Please note the registration fee is non-refundable, and is in addition to the required sponsorship total.

£1,750 (student individual)

£2,500 (adult individual)

£3,500 (student relay team of two)

£5,000 (adult and student relay team of two)

£5,250 (student relay team of three)

£7,500 (adult and student relay team of three)

I enclose my registration fee of £500.
(early bird registration fee of £350 by 30th June 2010)

Signed: _____ Date: _____ / _____ / _____

Kisharon would like to contact you from time to time to update you about our work and send you appeals. If you do not wish us to contact you please tick here

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Registration Fee Form

Name of Competitor: _____

Method of Payment: Cash Cheque Credit/Debit Card

Payment by Credit/Debit card, please tick appropriate: Master Card Visa Maestro/Switch Visa Debit

Debit/Credit Card No

Start Date

Expiry Date

Issue No

Security No

Cardholders Name (as appears on card) _____

Cardholder's Billing Address (if different from competitor's) _____

Postcode: _____

Card Holder's Signature: _____

Date: / /

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Gift Aid Form

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GIFT AID DECLARATION

Make your donation go further at no extra cost to you. If you are a UK taxpayer, the gift aid scheme allows us to reclaim the tax on your donation. For every £1 you donate the Government pays us an extra 28p making your donation go further at no extra cost to you.

Please complete the form below in full and sign where applicable in order to make this declaration valid.

Title: _____ **Forename(s):** _____

Surname: _____

Address: _____

Postcode: _____

Tel: _____ **Email:** _____

In order that we may benefit from the tax system for charities you must pay an amount of Income Tax and/or Capital Gains Tax at least equal to the tax that the charity reclaims on your donations in the appropriate tax year (currently 25p for each £1 you give, plus an additional 3 pence transitional relief).

I wish Kisharon to treat this donation and all donations I have made for this tax year and six years prior to this year, (but not earlier than 6/4/2004) and all donations I make from the date of this declaration until I notify you otherwise in writing as Gift Aid donations. I confirm that I am a UK tax payer.

Signature: _____

Date: _____ / _____ / _____

Send to:

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info@kisharon.org.uk www.kisharon.org.uk

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Kit Order Form

- T-shirt size:
- S
 - M
 - L
 - XL
 - XXL

- Tri-suit size:
- S
 - M
 - L
 - XL
 - XXL



Name to be printed on tri suit _____